

Cut out the back and front covers below, and glue them to the back and front of your pre-folded zine insert printouts 1 and 2.

Be part of our Behind The Frame Exhibition!

Share your work to be part of our online @behindtheframe.2020 Instagram gallery:

E-mail your work to: behindtheframe.2020@gmail.com

Post on Instagram using the @behindtheframe.2020 handle and we'll re-post you!

Follow Us:

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Behind The Frame
A Creativity and Wellbeing Activity Book

Becky Davies
for Mess Up The Mess